



The Aquarian Teacher™

# KRI LEVEL 2

KUNDALINI YOGA TEACHER TRAINING

## LIFECYCLES & LIFESTYLES

### IN TULUM, MEXICO



*"The purpose of knowledge is to develop infinite faith in self." - Yogi Bhajan*

**Eight days of Bliss, Deep Experience and Transformation  
on the beach in the tropical paradise of Tulum, Mexico  
"a real yoga vacation!"**

The yogic way of living taught by Yogi Bhajan includes understanding the **cycles** of growth and change that run through our lives. He showed us how to **style** our life so as to be healthy, happy and holy. For 6 glorious days we will experience meditation, kriya, group work and powerful video classes with Yogi Bhajan. You will map out the milestones in your life to see how the **Cycles of Consciousness, Intelligence and Vitality** impacted and guided the changes in your past, and learn how to prepare for them in your future. You will experience the depth of this yogic way of living. Two full days off in the middle of the full session will allow you to relax and commune with nature in this Yucatan Caribbean paradise of palm trees, warm breezes, endless beaches and radiant sun.



**Two 3-day sessions with 2 days in between  
Lifecycles & Lifestyles  
February 25–March 3, 2012  
in Tulum, Mexico**



**\$954** paid by 1/15/12 **or \$1,054** paid after 1/15/12

Course fee includes course, manual, KRI fees, materials and  
**Include vegetarian lunch** (for the 6 days of the course)

**Lodging Estimate:** Economy Level – \$42 per person per night (double occupancy, incl. breakfast)  
Standard Level – \$70 per person per night (double occupancy, incl. breakfast)  
Delux Level – \$100 per person per night (double occupancy, incl. breakfast)  
Lodging is arranged directly with chosen hotel. All prices quoted in US Dollars

### Taught by Trainers:

**Pritpal Kaur and Pritpal Singh  
for more information  
call 505-747-1119**

**or email [kytrainings@gmail.com](mailto:kytrainings@gmail.com)**

