

A woman with her eyes closed and a serene expression, wearing a white turban adorned with a gold ornament and a white crocheted top. Her arms are raised, and she is holding a white fabric that flows around her. The background is a solid teal color.

Song of the Self Retreat

March 10-17, 2012

Nosara, Costa Rica

Paid in full by December 1, 2011

\$1099-\$2,799 USD

(accommodations vary)

For more information:

snatamkaur.com/retreat

Relax & renew from the long winter!