



## **Women's Camp - Piercy, CA** **January 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup>, 2007.**

Welcome to the 4th Annual Piercy Women's Camp in the Ancient Redwoods of Northern California. This year our theme is "Wake Up & Live Your Life!" We sincerely invite you to enter this sacred circle of women and explore the beauty of being you. Nothing in this world will make sense if you do not live your intention. You may ask, "How?" The very first step is to quiet the inner chatter of the mind and deeply listen to your inner voice. When you do so, the impossible will become possible, connecting you with the power of your total Creativity.

This coming year of 2007, according to Numerology, embodies the number 9. The number nine relates to the Subtle Body which shapes our sensitivity. The number nine also sets the world stage to learn "mastery or mystery." During 2007, our collective and personal challenge will compel us to function either in the mastery of shining sensitivity and reality or in the isolated dark mystery of disconnect and confusion. (Log onto [www.3HO.org](http://www.3HO.org) for more information about Numerology.) We are given the opportunity and the choice.

This Piercy Women's Camp program will focus on connecting deeply to the mastery of the Subtle Body. We will also practice some incredible yogic technology which can be used throughout 2007 to face the challenges with courage, smiles and a deep intention of being.

Come and experience the joy of this sisterhood as we practice some deep transforming Kundalini Yoga, chant with open hearts, and awaken our creative sensitivity of life. Please also invite your daughters, sisters, mothers, relatives or friends to attend this Women's Camp. Our personal frequency does impact our communities and the globe. Sat Nam.

**"The four virtues of kindness, forgiveness, compassion and humor are the best ingredients of health, happiness and totality of success."**

– Yogi Bhanjan, July 28, 1986.

### **Here are some items you might want to bring to Women's Camp with you:**

- Yoga mat / sheep skin
- Light blanket or shawl
- Comfortable clothing
- Raincoat
- Walking shoes or hiking boots
- Water bottle
- Slippers (no shoes in the class space)
- Sitting pillow
- Head Covering
- Comforter, Sleeping Bag or Thick Blanket (sheets and pillows are provided)
- Flashlight
- Toiletries
- Chapstick
- Travel Mug (for hot tea)
- Journal and Pen
- Camera (many beautiful trees)
- Books to read.

**Registration Fee:**

Piercy Women's Camp, January 5 – 7, 2007

**US\$ 325**

**Pre-registration, paid before Dec. 1, 2006.**

**US\$ 400**

**Paid after Dec. 1, 2006.**

**Payment Method:**

Registration questions: [3HOregistration@3HO.org](mailto:3HOregistration@3HO.org)

Log onto [www.3ho.org](http://www.3ho.org) for registration and payment

- Ø Payment is made in US dollars only.
- Ø Payment is accepted by Visa or MasterCard, US check or International Money Order. Mail checks or International Money Order to:  
3HO Events, 6 Narayan Court  
Espanola, New Mexico 87532
- Ø Deadline for on-line registration is December 26, 2006. Contact our office for registration requests after December 26: [3HOregistration@3HO.org](mailto:3HOregistration@3HO.org) or 888-346-2420.

**Cancellation Policy:**

There is a Cancellation Fee of \$200 for the Piercy Women's Camp. Your cancellation request must be made in writing by Dec 1, 2006 via email to [3HOregistration@3ho.org](mailto:3HOregistration@3ho.org)

Or a letter to:

3HO Events, 6 Narayan Court  
Espanola, New Mexico 87532

Or fax to:

505.753.1999

**Accommodations:** There will be 2 –3 ladies to a cabin. Ladies requesting to room together or who are interested in a single cabin need to contact Sierra ([smknolle@yahoo.com](mailto:smknolle@yahoo.com) or Tel 415-686-8776) by December 15<sup>th</sup>. She will do her best to fulfill these special requests.

The cabins have bathrooms and heaters. Lately the temperature has been between 36° - 60°. Be prepared for rain and perhaps snow.

**Vegetarian food:** Food will be organic, vegetarian and delicious. Please contact Sierra ([smknolle@yahoo.com](mailto:smknolle@yahoo.com) or Tel 415-686-8776) by December 15<sup>th</sup> if you have specific dietary needs. We will do our best to fulfill these special requests.

**Barter Bazaar:** Ladies are welcome to sell or share their products or services. If you would like to bring something that you can sell or would like to share with everyone, please contact Sierra ([smknolle@yahoo.com](mailto:smknolle@yahoo.com) or Tel 415-686-8776).

**Child Care:** Daycare can be arranged for a small fee. Mothers who are interested need to contact Sierra by December 1<sup>st</sup>. ([smknolle@yahoo.com](mailto:smknolle@yahoo.com) or Tel 415-686-8776)

**Directions to the Chinmaya Retreat Center**

NOTE: There are THREE (3) different exits for Highway 271.

- ⓐ If you are driving **North** on Freeway 101, take the exit **Highway 271 Piercy – Cook's Valley** which turns left (turning to the west). Continue straight and cross the green bridge over the river. The entrance to the Chinmaya Retreat Center is the second gate on the right.
- ⓑ If you are driving **South** on Freeway 101, look for the **Patriot Gas Station** and then turn right on to Highway 271. Continue straight and cross the green bridge over the river. The entrance to the Chinmaya Retreat Center is the second gate on the right.



### Women's Camp Schedule

#### **Friday Jan. 5**

- 12:00 PM Registration
- 2:00 – 5:00 PM Welcome and  
Opening Ceremony
- 5:00 – 6:00 PM Dinner
- 6:30 – 8:00 PM Evening Program

#### **Saturday Jan. 6**

- 4:30 – 6:00 AM Sadhana (daily  
practice)
- 7:30 – 8:30 AM Breakfast
- 9:00 – 12:00 PM Program
- 12:00 – 1:00 PM Lunch
- 2:00 – 5:00 PM Program
- 5:00 – 6:00 PM Dinner
- 6:30 – 8:00 PM Evening Program

#### **Sunday Jan. 7**

- 4:30 – 6:00 AM Sadhana (daily  
practice)
- 7:30 – 8:30 AM Breakfast
- 9:00 – 12:00 PM Program
- 12:00 – 1:00 PM Lunch
- 1:00 PM Closing Ceremony

The evening program will be a very relaxed atmosphere. We will most likely watch a Yogi Bhajan Video. Mothers are welcome to bring their children.

For the remainder of the program be prepared for lots of Kundalini Yoga and Meditation, nature walks, discussions, games and interactive activities.

Some people are very sensitive to their environment so please do not wear your perfume or strong smelling oils in the classroom.

We look forward to meeting each and every one of you and to sharing this special time with you.

Sat Nam,

Healthy Happy Holy WOMEN

**“There’s no psychology, there’s no logic, there’s no reason, there’s no argument, there’s no makeup that can cover you if you have not accepted your inner being as you. You can for the rest of your life blame it on anybody you want, that’s not the problem. That won’t take things away, because in your own reality you have not yet accepted your own self.**

**Do you understand what I’m saying? How is anybody else so intelligent, so great, and so magnificent that he can accept you? You’ll be accepted partially, because you have accepted yourself partially. In that partial acceptance you are asking for a whole fulfillment which is impossible. A part cannot be equal to the whole. It is a scientific law. Therefore, each day you’ll be frustrated.**

**Nobody has to frustrate you, nobody has to depress you, nobody has to put you down, and nobody has to tell you that you are not pretty and beautiful. You, yourself, within your own realm of consciousness, cannot be what you really are because you have not understood, accepted and worked out your total totality.”**

Yogi Bajan, Women’s Camp, July 1, 1986