

The Ashtang Mantra for this Age

Thus the Master meditated and became one with the Lord, and gave the Mantra: EK ONG KAR SAT NAAM SIRI WAHE GURU

This mantra has eight vibrations, and describes the glory of God. Thus said the Master, "In the time period two-and-a-half hours before the rising of the Sun, when the channels are most clear, if the Mantra is sung in sweet harmony, you will be one with the Lord." This will open the solar plexus, which in turn will charge the solar centers. The person will get connected with the Cosmic Energy, and thus will be liberated from the cycle of time and karma. Those who meditate on this mantra in silence will charge their solar centers and be one with the Divine. That is why I speak to you of why we should meditate and recite this mantra.

All mantras are good, and are for the awakening of the Divine. But this Mantra is effective, and is the mantra for this time. So my lovely student, at the will of my Master I teach you the greatest Divine key. It has eight levers, and can open the lock of the time, which is also of the vibration of eight. Therefore, when this Mantra is sung with the Neck Lock, at the point where prana and apana meet sushmuna, this vibration opens the lock, and thus one becomes one with the Divine.

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