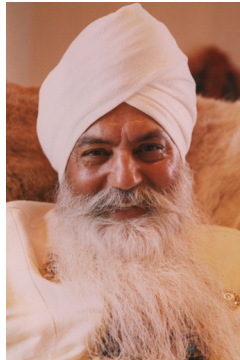




NON PROFIT  
US POSTAGE  
**PAID**  
ALBUQUERQUE, NM  
PERMIT 1453

6 Narayan Court  
Española, NM 87532  
1-888-346-2420  
[www.3HO.org](http://www.3HO.org)  
[YogaInfo@3HO.org](mailto:YogaInfo@3HO.org)



*"The greatest miracle  
is unity"*

—Yogi Bhanjan

Sat Nam,

3HO® is growing, with a presence in 173 of 194 countries around the world, sharing Kundalini Yoga as taught by Yogi Bhanjan®. Please take a moment to align your 2010 calendar with 3HO Celebrations and put "join my Global Community" on your to do list for this year.

3HO is committed to reducing its carbon footprint. As a result, this Celebrations calendar is the only print postcard we are mailing in 2010. All other communications will be sent via email. Don't miss what is going on in the 3HO Global Community; sign up to receive 3HO communications at [www.3HO.org](http://www.3HO.org).

Looking forward to seeing you,

Team 3HO Foundation