



## Practices that Reflect 3HO® Values

- ❖ Recognize the other person is you.
- ❖ There is a way through every block.
- ❖ When the time is on you, start, and the pressure will be off.
- ❖ Understand through compassion or you will misunderstand the times.
- ❖ Vibrate the Cosmos, the Cosmos shall clear the path.
- ❖ Self-surrender to your higher self.
- ❖ Share the teachings to serve, elevate, and exalt.
- ❖ Be respectful to all paths and traditions.
- ❖ Be a leader by example - through service and humility.
- ❖ You are a link in the Golden Chain. In your actions there will always be royalty and reality.
- ❖ Happiness is your birthright. Be healthy, happy, and holy.
- ❖ See God in all, Serve God in all.
- ❖ Keep up!